



QUEENSWAY  
ORTHODONTICS



Invisalign patient, Harry

# Queensway Orthodontics NEW PATIENT PACK

BILLINGHAM | BISHOP AUCKLAND | CONSETT | DARLINGTON

JESMOND | STOCKTON | YARM

[www.queenswayorthodontics.co.uk](http://www.queenswayorthodontics.co.uk)

@queenswaybraces

# Brace options

## To suit you and your lifestyle



**Metal fixed**



**Ceramic fixed**



**Invisalign**

### METAL FIXED BRACES

#### Appliance types

Metal fixed appliances consist of small metal brackets attached to the front of the teeth. These are connected by wires, which are held in place with bands.

The wires are used to move teeth into the desired position giving the orthodontist complete control over the tooth movements.

There is also the option to choose coloured bands which are used to hold the wire in place.

#### Diet and lifestyle

Care needed to avoid hard, sticky and chewy foods.

### CERAMIC FIXED BRACES

Ceramic braces are a much more discreet option due to the tooth coloured brackets.

The In Ovation C system holds the wire in place with a clip, avoiding the need for elastics, meaning the brace looks great from start to finish and doesn't discolour with foods.

Care needed to avoid hard, sticky and chewy foods.

### INVISALIGN - MOST DESIRED!

Invisalign is a virtually invisible way to straighten your teeth using a series of clear, removable trays.

Advanced 3D technology allows you to visualise your complete treatment based on your orthodontist's prescription.

A great option for patients of all ages seeking wire-free, discreet treatment.

Invisalign is becoming a hugely popular option for children and teenagers!

We recommend you do not drink anything hot, coloured, acidic or with a high sugar content when wearing aligners. Aligners should be removed for eating but you are able to drink COLD water and continue to play contact sports.

Treatment cost	£2,075.00	£2,490.00	£3,188.00
Payment plans	<ul style="list-style-type: none"> <li>£46.37 per month</li> <li>60 months/£0 deposit</li> </ul>	<ul style="list-style-type: none"> <li>£55.64 per month</li> <li>60 months/£0 deposit</li> </ul>	<ul style="list-style-type: none"> <li>£71.24 per month</li> <li>60 months/£0 deposit</li> </ul>

## Flexible payment options

Our private treatment options are designed to cater for all, ensuring your smile transformation is nothing short of magical. Enjoy competitive treatment prices and flexible payment options to make braces accessible to everyone.

### WE DON'T DO HIDDEN COSTS!

After your free consultation with one of our Treatment Coordinators, you will be presented with your personal treatment plan and a total cost. Our treatment fee includes:

- X-rays, photographs and a 3D treatment simulation of your teeth
- A care pack with all your brace care essentials
- Scheduled and emergency appointments
- 24 months' aftercare, including both fixed and removable retainers

### FINANCE CALCULATOR

Want to look at how much the monthly repayment will be? [Click here.](#)

## What to expect...

For most people having orthodontic treatment is very straightforward and fits seamlessly with their lifestyle. Some tenderness can be experienced when the braces are fitted or adjusted. Occasionally, patients may suffer from soreness or rubbing of the cheeks or lips. Two or three days after fitting this usually reduces considerably - but can take one to two weeks to disappear completely in some cases.

As part of making your treatment as successful as possible, you may require one or more of the following techniques to be used to help improve the outcome of your treatment and ensure you achieve the best possible results.

### Speech

Unless you are wearing a palatal expander or removable upper brace as part of your treatment, speech is not generally affected by a conventional fixed brace.

## Treatment techniques

### Elastics and buttons

To correct the bite it may be necessary to wear elastics between the upper and lower teeth. Elastics are attached to hooks on a fixed brace. Without elastics treatment will take longer and may be less successful. Elastics can be removed for eating and cleaning but would normally need to be in place for 22 out of 24 hours per day.

If you need more elastics at any stage all you need to do is ask or visit [www.bracebrushes.co.uk](http://www.bracebrushes.co.uk) to order some more.

### Interproximal Reduction (IPR)

Interproximal reduction is the gentle and scheduled removal of a very small amount of the outer layer of enamel from between the teeth. It can be recommended to improve the outcome of your treatment by creating space or reducing the appearance of 'black triangles' between the teeth where these may be a problem (usually in adults or patients with a certain tooth shape). The technique is carried out using fine, diamond coated strips between the teeth. More information about IPR will be given to you by your orthodontist and on your consent form which will be given to you prior to treatment.

### Bite opening

Sometimes your orthodontist needs to add temporary pads to the chewing surface of the teeth to "prop the bite" open. These pads protect the brace as well as speeding up the brace treatment but can make it difficult to chew at the beginning.

## During treatment

### Who will I see?

During treatment you will be looked after by our experienced team under the supervision and direction of your Specialist Orthodontist who will take overall responsibility for your care.

This will include Orthodontic Therapists who perform many of the hands on procedures required within your plan (including adjusting, fitting and removing braces), Orthodontic Nurses who take the digital scans and photographs of your teeth, as well as being experts at giving guidance and information about your treatment.



**Elastics**



**IPR**



**Bite turbo**



# Hygiene appointments at QO!

At QO, we know that healthy and strong teeth are key to a confident smile. That's why, we are delighted to offer our patients hygiene appointments with our experienced hygienist, Leigh.

We have three bespoke packages – no matter what your smile goals are you can find the perfect package for you!

- **Starter package** £85 including scale and polish
- **Premium package** £130 including scale, polish and airflow
- **Elite package** £490 including scale, polish, airflow and tooth whitening

See the smiles that have benefited from a scale and polish [here!](#)

Benefits of a regular scale and polish are:

- deep cleaning, scaling and polishing
- removes plaque and stains
- provides you with vital preventative care
- helping your teeth and gums to stay healthy

Simply call 01642 352440 to book and achieve a sparkling smile!

## After treatment

### ...and finishing touches

Orthodontics is an excellent way of straightening teeth as well as improving the smile and bite. Sometimes however, finishing touches are necessary to improve the shape or colour of the teeth and create the best possible outcome.

The simplest of these techniques is to adjust and smooth any rough or uneven enamel edges. If this is not sufficient then composite bonding (tooth coloured fillings) can be used to replace any worn or chipped areas. Tooth whitening remains a popular choice with patients at the end of treatment and can be combined with composite bonding for the most refined outcome.\*

Feel free to talk to us or your family dentist about these options so that we can guide you and make the appropriate arrangements.

#### Restorative Treatment\*

Following removal of their appliances, some patients will go on to have restorative treatment such as tooth whitening, crowns, bridges, veneers or implants. If such a restorative phase is required or requested we will be delighted to work with a dentist of your choice to ensure the best possible outcome.

\*Please note these options are not carried at Queensway Orthodontics and will incur additional charges over and above the cost of any orthodontic treatment.



#### Online shop - [Bracebrushes.co.uk](https://bracebrushes.co.uk)

We have developed an online store to help our patients purchase their brace accessories and consumable supplies more easily as well as our carefully chosen selection of products to a wider audience.

If you run out of any of your brace care supplies essential for your treatment such as replacement elastic bands or toothpaste, you can simply go online and purchase!



## End of treatment

At the end of all orthodontic treatment is the retention phase. There is a natural tendency for teeth to move once treatment has finished. To prevent this relapse occurring, it is extremely important to understand what to do when your braces are removed. This is critical in ensuring that your teeth will look as good in years to come as they do on the day your braces are removed.

A retention programme is individually tailored for each patient, but usually comprises of removable clear retainers for night time use with or without fixed retainer wires, behind the front teeth. These retention appliances are designed to hold the teeth in place once braces are removed and are very simple to wear and maintain.

#### Removable retainers

Removable retainers are made of a clear, thin plastic material that is very discreet. For the first three weeks after your braces have been removed, the removable retainers may need to be worn 24 hours a day (removed only for eating and cleaning). Your orthodontist will advise you on this. Following this, your retainer should be worn at night indefinitely on a reducing schedule that we will explain to you.



## Share your smile!

At Queensway Orthodontics, we love to see our patients beam with confidence. Whether you are in the middle of treatment and loving your results, or if you are finished treatment and love your new smile - don't forget to share it with us! All you need to do is simply snap a selfie, tag us on Facebook or Instagram\* - and you could win a £50 voucher of your choice!

\*Due to privacy settings we may not see your tag - not to worry DM us your pic and we'll do the rest!



Visit our [website](#) for amazing patient stories and follow us on Instagram [@queenswaybraces](#)

★★★★★  
Over 900 five-star reviews on Facebook and Google!